1. **Now that you are at the end of this class, what is your understanding of what it means to have "peace"? Refer to concepts from this class to help explain any changes to your understanding.**

At the end of this class, I have a deeper understanding of the meaning of peace. Maybe I could not reach it because I did not know the way out to find peace. My experience during this course have brought me some light to my mind and heart. I was afraid of facing some conflicts. My position was: “I never do anything wrong to anyone, so I should not receive anything in return”. I am a good person at home, work, church and community. I am pleased to talk to anyone if they show respect and consideration. I could have fought direct violence with the most bitter avoidance, being indifferent and looking other as if they were down below my serenity. It could be fear of others´ anger, their possible words or actions against me. I thought I was turning my other cheek, but I was just choosing silence, just being in control of my emotions and actions, I thought I was winning being an example, but I was engaging seeing other as Its. I was managing the conflict with avoidance, thinking that it was respect, but the problem was the feelings and thoughts going through me. I was passively offering resistance. In fact, my position had always had good results. During this class, I have analyzed several conflicts I had, starting with my family and using the cycle of conflict. Maybe I could reach some negative peace with my kids, stopping the fire and then delegating the responsibility to the time saying that time cures all things. Some other times we obtain some positive peace with my wife after some issues between us, like setting some family rules in order to avoid future conflicts. I figured that some conflicts reappeared, and we were not able to sustain the outcomes that we desired. Something was missing. I believe, after this course, it was the opportunity to talk and tell the truth, the opportunity to see each other as icebergs in order to foster empathy and curiosity. Then let that mercy and justice do their job in our lives. I knew before this course that we were guardian of our peace, but I said in a very defensive way. I understand better my boundaries and where are the encroachments The knowledge obtained from the course has giving me a new perspective about people and how should I engage them. I understand the cultural peace, the kind of peace we feel inside of the temple, the kind of peace we so fully pursue as members of the church. Peace is not the lack of conflict. I cannot comprehend peace at its fullness if I do not live all the process of reconciliation, just like I did when Jesus turned first. I was in conflict but now I can live in peace with him.

1. **At the end of this class, what have you learned about things like your family, your faith, your culture, your political community or philosophy shaped how you think about peace? Refer to concepts from the class to explain your answer.**

Rubric: Response discusses how family, faith, culture, political and/or philosophical influences have shaped the personal definition of peace. Not all categories of influence must be addressed but the response includes details that highlight the areas that have personally impacted the student's definition.

My family always had differences of opinions because we are not all member of the church, but we could enjoy peace when we treated each other with respect and love. I saw the example of love of my parents, showing fidelity and trust. I could see contention in my family as well, which was cause of sorrow and a never-ending situation. In those cases, keeping distance, was the fastest solution to keep peace. I have learned that to put an end, we had to sit and talk to solve those problems. I learned that my parents were the protectors and the peacemakers at home. They were in charge of avoid contentions between us and also from any possible menace from the outside. Even not knowing the principles of the gospel, they could talk with their calmed feelings and their actions under control. They could prevent non appropriate tv shows for us and they taught us to use proper language to communicate.

The gospel caused a great impact in my life. I never liked to start a fight or cause contention. I preferred to stay quiet instead of giving my opinion in order to avoid possible differences. I never understood why people were so angry to the point of starting a fight instead of talking and solve their problems. That was always my way to keep peace and feel in peace. When I joined the church, and started to live the gospel, I felt so good because I knew that I was not wrong about my decisions. The scriptures gave me knowledge about my agency and my responsibility of every action. Anger and conflict may arise, but I was a son of God, and I was able to overcome those feelings. The gospel perspective and my faith gave me strength and also advice about what could bring peace into my life. I understand that we are all different and also our capacity to love or hate is different. Living the gospel encouraged me to make changes and cut with activities that were stealing my peace. The Lord has given me tools to build peace. For example, I have had hard feelings but instead of going away from conflict, I prayed to be a higher level, right above anger or hate, a level of love and peace of mind in order to talk and repair. Even though It seems inconvenient to show the other cheek, to me it means the opportunity to love and teach.

On these last days, political aspects have risen. We have a nation president which caused conflict of opinions everywhere. Finally, people have accepted the elected president without causing problems. I am grateful that no matter what political government I have lived, I had the opportunity to worship God freely and without any restriction. Also, I enjoy peace at work, no matter my beliefs, I can have political conversations and express my ideals and hear others without a problem because I do it with respect.

1. **Now that you have studied both the dynamics of conflict and the processes of peacebuilding, what do you think it will take to achieve "peace" in our homes, our communities, and the world in general? Refer to concepts from the class to explain your answer.**

Rubric: Response presents personal ideas on how to achieve peace in the home, in the community, and in the world that are supported by details and examples.

To have peace in hour homes, we all must work together. In our family, we clean the house and order thing. We noticed that disorder brings discouragement and does not inspire us to do good things and promote peace. We gave our kids chores to accomplish at home. Also, we have some goals to make that house look prettier, even though it is not our house because we are renting. We try to do church traditions at home, like reading scriptures, family prayer. As a result, we feel the Spirit to work on our emotions and communications with our kids. We avoid the abuse of technology at home. We have taught our children about the importance of technology and the ricks of spending too much time with it. Instead, we try to do recreational activities, such as going to the park or visit the mountain. We teach them about contention and the consequences of it.

Peace in our community can be achieved when we have respect about each other properties. Increase service in our community is a good way to promote peace. Church and other organizations invite to help one another, for example doing charity services, offering the church buildings for medical purposes or catastrophes. Promoting study and work instead of robbery and drug-dealing as a manner of living.

Peace in the world in general could be achieved by promoting higher or holier communications in media and internet. Showing modesty instead of vulgarity on movies and shows as something normal. Reducing war and terrorism between countries that could be dealed with proper communication and respect.